

Listen on the [LDS Perspectives website](#), or on the [direct link](#).

Jed Woodworth works in the Church History Department of [The Church of Jesus Christ of Latter-day Saints](#). He is also the author of the Revelations in Context essay on [Section 89 of the Doctrine and Covenants](#) entitled, "[The Word of Wisdom](#)."

In the early 1830s, the [Temperance Movement](#) was in full swing in the United States. Chapters of temperance societies had an undeniable influence on the discourse of the day. The story of the [coming forth of the revelation recorded as Section 89 of the Doctrine and Covenants](#) has sometimes failed to take into account how the movement may have been an influence on Joseph Smith and the Saints.

Much like other prophetic revelations, the catalyst for this revelation seems to have come from multiple circumstances. Historical context helps to shed light on the extent to which the Temperance Movement may have been an influence and what that means.

In this episode of the LDS Perspectives Podcast, host Nick Galieti and Jed Woodworth delve into what is often referred to as the "Lord's Law of Health."

Check out the resources referenced in the podcast at [LDS Perspectives](#).